

*Pete D.*Gettin' in the GameSM Athlete (since 2002)**My sports:** Baseball, Basketball**Hemophilia B***My life at a glance*

I earned a BA in History from Messiah College, Mechanicsburg, Pennsylvania, and a master's in education from East Stroudsburg University, Pennsylvania. While at Messiah, I was a starter on the baseball team each year and a member of the .300 Club. One of the highlights of my sports experience during this time included hitting the third of 3 consecutive home runs to clinch the season title. My beautiful wife, Amy, and I have a son, Nolan, who was born in June 2013. I am a middle school teacher in the Pocono Mountain school district, where I coach the varsity basketball team and also assist the coaching staff of the golf and baseball teams. I enjoy playing many sports but have recently focused on softball, golf, and basketball.

My preferred topics

- Staying in the game by overcoming physical injuries and emotional/mental struggles
- Informing your caregivers about a bleed and treating it right away to prevent further complications
- Talking to teachers, coaches, and others about your disease
- Keeping physically fit and active—whatever your preferred method—to help prevent injuries and stay healthy
- Taking advantage of your local bleeding disorder community by getting involved and using its resources!

My message to you

"Don't let fear determine what you are capable of! Stay healthy, live smart, and trust yourself."

-Pete

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